

Rule 4 34 - CVL

The Insolvency Act 1986
Statement of Company's Affairs

S95/99

Pursuant to section 95/99 of
the Insolvency Act 1986

For Official Use

To the Registrar of Companies

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Company Number

07053203

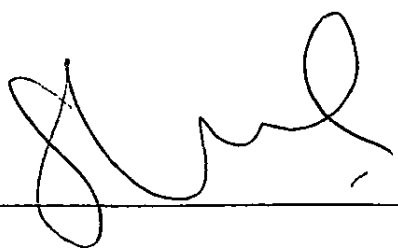
Name of Company

Workout World Limited

I / We

Stephen Goderski, 1 Westferry Circus, Canary Wharf, London, E14 4HD

the Liquidator(s) of the above named Company attach a statement of the Company affairs
as at 21/04/2015

Signed 

Date 21 April 2015

Geoffrey Martin & Co
1 Westferry Circus
Canary Wharf
London
E14 4HD

Ref WORK401/SG/JG

THURSDAY	For Official Use -	
		
	A45WYPAO	#275
	A21 23/04/2015	COMPANIES HOUSE

Statement of Affairs

Statement as to affairs of

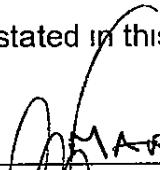
Workout World Limited

on the 21 April 2015 the date of the resolution for winding up

Statement of truth

I believe that the facts stated in this Statement of Affairs are true

Full Name


MARTIN DAVID DEMÉE

Signed

Dated

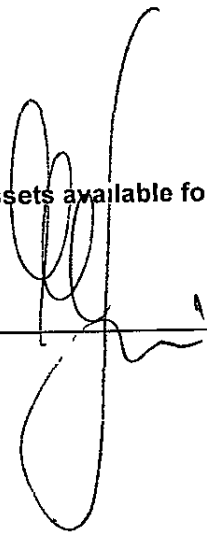
21/4/15

Workout World Limited
Statement Of Affairs as at 21 April 2015

A - Summary of Assets

Assets	Book Value £	Estimated to Realise £
Assets subject to fixed charge:		
Assets subject to floating charge:		
Uncharged assets:		
Fixtures & Fittings / Office Equipment	1,461 00	400 00
Motor Vehicle	10,556 00	11,500 00
Stock	26,738 00	4,000 00
Book Debts	26,107 00	Uncertain
VAT Refund	8,358 00	Uncertain
Cash at Bank	8,877 00	8,877 00
Estimated total assets available for preferential creditors		24,777 00

Signature



Date

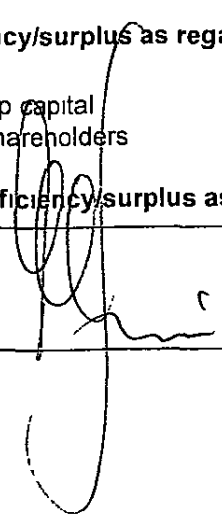
21/4/15

Workout World Limited
Statement Of Affairs as at 21 April 2015

A1 - Summary of Liabilities

	Estimated to Realise £
Estimated total assets available for preferential creditors (Carried from Page A)	24,777 00
Liabilities	
Preferential Creditors -	
Employee - Wage Arrears / Holiday Pay	1,991 00
	1,991 00
Estimated deficiency/surplus as regards preferential creditors	22,786 00
Debits secured by floating charge pre 15 September 2003	
Other Pre 15 September 2003 Floating Charge Creditors	NIL
	22,786 00
Estimated prescribed part of net property where applicable (to carry forward)	
	NIL
Estimated total assets available for floating charge holders	22,786 00
Debits secured by floating charges post 15 September 2003	
	NIL
Estimated deficiency/surplus of assets after floating charges	22,786 00
Estimated prescribed part of net property where applicable (brought down)	
	NIL
Total assets available to unsecured creditors	22,786 00
Unsecured non-preferential claims (excluding any shortfall to floating charge holders)	
Trade Creditors	58,432 00
Employees - Wage Arrears/Redundancy/PILN	34,127 00
HMRevenue & Customs - PAYE/NIC	1,049 00
HMRevenue & Customs - Corporation Tax	7 00
	93,615 00
Estimated deficiency/surplus as regards non-preferential creditors (excluding any shortfall in respect of F.C's post 14 September 2003)	(70,829 00)
Estimated deficiency/surplus as regards creditors	(70,829 00)
Issued and called up capital	
Ordinary Shareholders	100 00
	100 00
Estimated total deficiency/surplus as regards members	(70,929 00)

Signature



Date

21/4/15

**Workout World Limited
B - Company Creditors**

Key	Name	Address	£
CA00	Atlantic Multipower UK Limited	Robert Denholm House, Bletchingley Road, RH1 4 HW, Nutfield Surrey, UK	828 21
CA01	ADT Fire & Security Plc	Security House, The Summit, Hanworth Road, Sunbury-on-Thames, Middlesex, TW16 5DB	156 21
CB01	Body Temple	Unit 4a Crown Road, Festival Trade Park, Stoke on Trent, Staffs, ST1 5NJ	8,046 06
CC00	Cardsave	10 Parkway Offices, Acorn Business Park, Moss Road, Grimsby, DN32 0LW	276 66
CC01	Cheap UK	Unit 2 Easter Park, Axial Way, Colchester, Essex, CO4 5WY	522 98
CF01	Fitness Mad/The Mad Group (HQ) Limited	430 Enterprise Way, Vale Park, Evesham, Worcs, WR11 1AD	3,175 32
CF02	Federal Express Europe Inc	Customer Financial Service, Sutherland House, Matlock Road, Coventry, CV1 4JQ	593 93
CH01	HM Revenue & Customs	5th Floor, Regian House, James Street, Liverpool, L75 1AD	0 00
CH02	HM Revenue & Customs	Enforcement & Insolvency Services, Durrington Bridge House, Durrington Road, Wrothing, West Sussex, BN12 4SE	1,048 87
CH03	HM Revenue & Customs	Enforcement & Insolvency Services, Durrington Bridge House, Durrington Road, Wrothing, West Sussex, BN12 4SE	7 00
CH04	HM Revenue & Customs	Debt Management and Banking, Louise Johnson, DMB330, BX5 5AB	0 00
C100	Inexpress	5 Blueberry Business Park, Wallhead Road, Rochdale, Lancs, OL16 5AF	3 34
CK00	Krowmark Limited	Unit 4, Durban Park, Bognor Regis, West Sussex, PO22 9RJ	474 06
CL00	Live on the Edge	Unit 333, 44-46 Morningside Road, Edinburgh, Midlothian, EH10 4BF	590 40
CM00	Maximuscle Limited	FREEPOST TK2018, Brentford, Middlesex, TW8 9GS	1,266 00
CN02	Numeril Limited	25 Station Road, Rickmansworth, WD3 1QP	207 00
CN03	Natwest Bank Plc	Croydon Whitgift Centre Branch, 40 Whitgift Centre, Croydon, Surrey, CR9 3BQ	0 00
CP00	Polar Electro (UK) Limited	Polar House, Unit L, Heathcote Way, Warwick, CV34 6TE	439 50
CP01	Power Bar	Zunifweg 8, 46562 Voerde, Germany	53 49
CR01	RFE Europa Limited	8 Clarendon Drive, Wymbush, Milton Keynes, MK8 8ED	917 36
CS00	Savant Distribution Limited	Quarry House, Clayton Wood Close, Leeds, LS16 6QE	128 73
CS01	Sci-MX Nutrition LLP	Unit 1, The IO Centre, Hurrican Road, Cloucester Business Park, Brockworth, GL3 4AQ	264 00
CS02	Servicom	Unit 8, The IO Centre, Nash Road, Park Farm North, Redditch, Worcestershire, B98 7AS	18 00
CS03	SK Sport	Unit 8, Stretford Motorway Estate, Off Barton Dock Road, Trafford Park, Manchester, M32 0ZH	114 42
CS04	Solgar UK Limited	Aldbury, Tring, Hertfordshire, HP23 5PT	1,427 69
CS05	Streamline Merchant Services	Gateshead Card Centre, Victory House, Fifth Avenue, Gateshead, NE11 0EL	151 09
CS06	Syrox Emedial	Planet House, 1 Canbury Park Road, Kingston upon Thames, Surrey, ST2 6JX	2,544 46
CT00	Thames Water	Clearwater Court, Vastern Road, Reading, RG1 8DB	1,209 54

Signature

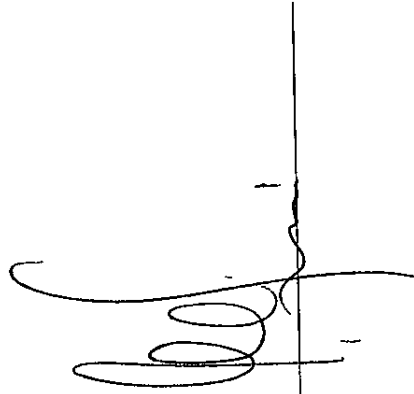
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**Workout World Limited
B - Company Creditors**

Key	Name	Address	£
CT01	Trans Global Sports Limited	Unit 5 Nuffield Industrial Estate, Sandy Lane West, Oxford, OX4 6JS	850.66
CT02	Tropicana Fitness com	Units 38/39, Minworth Industrial Park, Sutton Coldfield, West Midlands, B76 1AH	32,115.37
CU00	UPG Plc Secure Hosting & Payments	PO Box 16376, Tamworth, B77 9LR	118.80
CU01	US Nutrition Limited	Beggars Lane, Tring, Herts, HP23 5PT	506.89
CY00	York Barbell (UK) Limited	York Way, Daventry, Northants, NN11 4YB	1,432.02
EC00	Mr P Corbett	20 Marlborough Close, Fleet, Hampshire, GU15 3HY	0.00
EL00	Mr R Leaver	1 Tyne Close, Clifton Road, Crawley, West Sussex, RH10 7GG	0.00
RD00	Mr M Demee		0.00
36 Entries Totalling			59,488.06

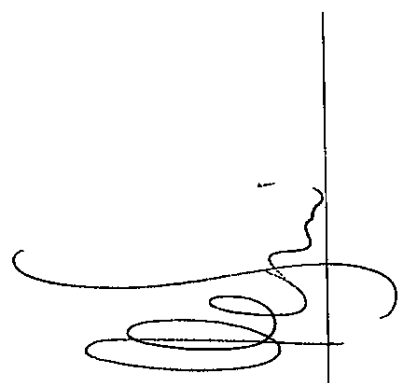


Signature

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**Workout World Limited
C - Shareholders**

Key	Name	Address	Pref	Ord	Other	Total
HD00	Mr M Demee		0	51	0	51
HD01	Mrs D Demee		0	49	0	49
2 Entries Totalling						100



Signature
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NOTES

The address for companies registered in England and Wales or Wales is -

The Registrar of Companies,
Companies House,
Crown Way,
Cardiff,
CF14 3UZ

Or, for companies registered in Scotland -

The Registrar of Companies,
Companies House,
37 Castle Terrace,
Edinburgh,
EH1 2EB